



**THE UUP BENEFIT TRUST FUND IS PLEASED  
TO ANNOUNCE A NEW SUPPLEMENTAL MENTAL HEALTH  
EDUCATION AND NAVIGATION RESOURCE THROUGH**



Please note: Beacon Health Options administers mental health coverage for the Empire Plan. Beacon Health Options is where you go to find mental health providers who participate in the Empire Plan and where your mental health insurance claims are paid. The UUP Benefit Trust Fund is providing PSYCH HUB as an additional resource for our members seeking information and support in navigating mental health issues.



**Resources**

- Hubs for mental health providers and individuals
- Courses for practitioners to get CE credits, articles, podcasts, etc.
- Resources from all their partners
- Links to hotlines for support

**HUBS**

- This is where you can find articles, podcasts, videos, and other resources to self-educate on mental health topics.
- The Mental Health Practitioner Hub is a resource for mental health providers. This is where you can find courses for continuing education credit and certifications.

**RESOURCES**

There are articles, videos, podcasts, guides and more to help you learn about different mental health topics. You will also have access to resources from Psych Hub's partners.

**HOTLINES**

On Psych Hub's website, you can also find links to various support hotlines if you are in need of immediate support.

Psych Hub's direct website:  
<https://psychhub.com/>  
Contact 866-779-2482



**Resources**

- Clinical referral line
- Articles, videos, etc.
- Provider search menu
- Insurance forms

**CLINICAL REFERRAL LINE**

The Beacon Clinical Referral Line is 1-877-769-7447. This is 24/7 line. The line is staffed by clinicians who can help you find a provider, schedule an appointment and more.

**RESOURCES**

Large library of resources such as articles, videos, assessments and more on hundreds of topics. You can search by topic to find the right resources for you.

**PROVIDER SEARCH MENU**

Resource to help you find in-network providers. Filter your search by location, specialties and services, etc.

**INSURANCE FORMS**

Disclosure authorization, Empire Plan claim forms, etc.

Empire Plan customized website:  
<https://www.achievesolutions.net/achievesolutions/en/empireplan/home.do>  
Clinical Referral Line 1-877-769-7447