UUP Pre-retirement Seminar
by Bill Tusang, UUP Chapter President

Dear Members,

If you are considering retiring in the next few years you should attend the UUP Pre-retirement seminar. It is scheduled for Tuesday 6/23/20 from 12:30-2:00 PM via the Microsoft Teams Meeting Link Below. It is being hosted in conjunction with and by the Empire State College UUP Chapter.

Here is the link:
Join Microsoft Teams Meeting

An important note is that past retirees from Cobleskill recommend that if you are within 5 years of retiring you should attend this session to learn some of the vast important content and considerations.

Numerous retirees have said they found it helpful to attend this presentation more than once as they approached retirement.

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UUP Pre-Retirement Seminar
(continued from page one)

Topics include:
- State Retirement System
- Retiree Health Care Plan
- Medicare coverage
- UUP Retiree Membership
Dental and Vision coverage options for Retirees and more...

Please RSVP to Wtusang@uupmail.org if you plan to attend.
Thank you.

Sincerely,
Bill Tusang
UUP Cobleskill
Sign UUP’s Petition Calling for SUNY to Convene a Virtual Public Hearing

Colleagues,

As UUP continues to push for a reopening of campuses that is as safe as possible for all in our campus communities, it has become clear that SUNY needs to hear from all of us. Our voices and concerns must be heard by the leaders of the system, and we must be partners to ensure that SUNY opens with the best practices for health and safety protections.

To express our concerns, UUP has developed a petition calling on SUNY to convene a virtual public hearing as soon as possible in July 2020 to discuss the need for clear, consistent, comprehensive guidance for reopening SUNY campuses.

Please add your name to the petition and join us in calling upon SUNY to provide the leadership needed to ensure that no campus communities will be at greater risk than others due to the lack of consistent, system-wide standards for reopening. We will keep this petition active until July 15 and then deliver it to SUNY.

Thank you for standing with your colleagues and adding your name to this important call to action.

In solidarity,
Fred

Dr. Salvador Rivera
Vote-Cope Coordinator
(518) 255-6238
Workers First Caravan, AFL-CIO National Day Of Action 2020

Dear Colleagues:

The AFL-CIO is organizing a Workers First Caravan for Racial and Economic Justice to take place largely on June 17. It is a massive national day of action to confront the three crises facing America: a public health pandemic, an economic recession and social upheaval caused by institutionalized violence against people of color. By joining this event we will be joining thousands of union members and allies taking to the streets to urge Congress to pass the HEROES Act, a COVID-19 relief package that would make sure every worker retains their health insurance, paycheck and more.

There will be caravans across all 50 states and Puerto Rico will be participating in solidarity actions as well. In Washington, D.C., a 1,000 car caravan will make its way through the city. The D.C. caravans begin in Arlington VA and Silver Spring, MD. At both of these staging sites a team will be present to assist in placard distribution and provide each driver with the route that will be followed to the Capitol. Currently in New York State there are caravans in the following cities: Buffalo (June 17), Albany (June 14), and Kingston (June 20). The NYS caravans require you to bring your own signs. More information on the timing and location of all planned caravans can be found here.

The AFL-CIO put together an extensive toolkit for this event, which includes an interactive map to find the location of all caravans, sample media advisory, sample letters to the editor, sample op-ed/newsletter article, sample emails, social media graphics, video tips, and sample placards. Please find the full toolkit here. If your chapter will be participating and would like help adjusting any of these documents to fit your chapter, please reach out to Mike Lisi at mlisi@uupmail.org.

Please share the invitation to participate in these actions with your membership and work with your UUP/AFT organizer to coordinate the gathering and participation of our members. Also, I encourage you to reach out to me and share where our members will be present. I am proud of the work of our union and I want to make sure that each member knows that their decision to stand up, speak up and participate is not only necessary, but the only way we will see progress. Now more than ever, we need to speak as one for all.

In Solidarity,
Fred
The Historical Legacy of Juneteenth

On “Freedom’s Eve,” or the eve of January 1, 1863, the first Watch Night services took place. On that night, enslaved and free African Americans gathered in churches and private homes all across the country awaiting news that the Emancipation Proclamation had taken effect. At the stroke of midnight, prayers were answered as all enslaved people in Confederate States were declared legally free. Union soldiers, many of whom were black, marched onto plantations and across cities in the south reading small copies of the Emancipation Proclamation spreading the news of freedom in Confederate States.

Only through the Thirteenth Amendment did emancipation end slavery throughout the United States.

But not everyone in Confederate territory would immediately be free. Even though the Emancipation Proclamation was made effective in 1863, it could not be implemented in places still under Confederate control. As a result, in the westernmost Confederate state of Texas, enslaved people would not be free until much later. Freedom finally came on June 19, 1865, when some 2,000 Union troops arrived in Galveston Bay, Texas. The army announced that the more than 250,000 enslaved black people in the state, were free by executive decree. This day came to be known as "Juneteenth," by the newly freed people in Texas.

The post-emancipation period known as Reconstruction (1865-1877) marked an era of great hope, uncertainty, and struggle for the nation as a whole. Formerly enslaved people immediately sought to reunify families, establish schools, run for political office, push radical legislation and even sue slaveholders for compensation. Given the 200+ years of enslavement, such changes were nothing short of amazing. Not even a generation out of slavery, African Americans were inspired and empowered to transform their lives and their country.

Juneteenth marks our country’s second independence day. Although it has long celebrated in the African American community, this monumental event remains largely unknown to most Americans.

The historical legacy of Juneteenth shows the value of never giving up hope in uncertain times. The National Museum of African American History and Culture is a community space where this spirit of hope lives on. A place where historical events like Juneteenth are shared and new stories with equal urgency are told.

https://nmaahc.si.edu/blog-post/historical-legacy-juneteenth
Iced latte

Ingredients:

- 2 espresso shots (60ml)
- 2 tsp sugar, honey or maple syrup (to taste)
- Ice
- 100ml whole milk

Directions:

1. Mix the hot espresso with the sugar until it dissolves.
2. Fill a glass with ice and stir in the sweetened coffee.
3. Pour over the milk and stir until combined.

(courtesy of BBC Good Food)
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Monday & Tuesday
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